

Infection Control Policy

As a health service provider, Therasa Jazowy Therapies is committed to complying with the highest standards of practice to ensure the health, safety and wellbeing of clients and practitioners at all times. To achieve this we adhere to the procedures set out below.

Procedures

Practitioners must:

1. Maintain personal hygiene.
2. Wash and dry hands before and after each client contact and after cleaning the treatment room and dry hands with single-use towels.
3. Use soap dispensers instead of bar soap.
4. Keep fingernails short and avoid wearing jewellery that may come into contact with clients.
5. Ensure hair is tied back to prevent contact with the client.
6. Clean and disinfect exposed areas of the massage table and bolsters after each client.
7. Use clean, freshly washed and sanitised linen for each client.
8. Replace all used linen between clients.
9. Use clean, freshly washed towels to cover ice/hot packs or other objects that are reused and come into direct contact with clients.
10. Provide clean, dry storage for clean linen.
11. Place used linen in closed containers to launder on the day of use.
12. Wash linen in hot water and detergent and use antiseptic laundry additive.
13. Separate soiled linen (soiled linen may have signs of human body fluid contamination) from all other linen wearing disposable gloves. Wash separately in hot water using normal detergent and appropriate disinfectant. Alternatively, place in a biohazard bag and dispose of hazardous waste material part of your local tip.
14. Keep lubricants (oils) in contamination proof dispensers, such as pump-action containers and clean with disinfecting wipes between clients.
15. Use a disposable spatula to remove product from jar type containers to avoid cross-contamination.
16. Ensure all products are labelled to prevent using the wrong product.
17. Cover any cuts, sores and abrasions and change the covering between each client.

18. Keep all areas of the workplace clean and hygienic and document the frequency of cleaning procedures.
19. Have a management procedure for cleaning up blood and body substance spills including the use of personal protective equipment and a spills kit.
20. Have a management procedure for accidental exposure to blood or body fluids.
21. Use personal protective equipment (PPE) such as gloves when dealing with used linen, clinical waste (used hand towels and tissues), and when performing intraoral massage.
22. Provide and maintain a first aid kit.
23. Be well informed about infectious diseases and maintain awareness of local endemics, such as colds and flu.
24. Screen clients before each booking to ensure they: have not recently travelled overseas (in the last 14 days) or to documented hot spots within Australia; have not been in contact with any known cases of COVID-19; and, are not experiencing any symptoms of COVID-19 infection.
25. Maintaining social distancing requirements within the clinic including longer breaks between clients to ensure only one client is in the clinic at a time.
26. Use of PPE including masks during treatment.

Specific infection control procedures for mobile remedial massage treatments

27. Bring hand wash, clean hand towel and hand sanitiser and wash hands before and after each treatment.
28. Use antiseptic wipes/antiseptic cleaner to clean the massage table and surfaces of the vehicle including boot, door handles, steering wheel and gear stick after each client visit.

Massage therapists do not:

Perform massage when they have an infectious condition that could be transmitted by direct or indirect contact (flu, upper respiratory tract infections, gastroenteritis, MRSA, highly contagious skin infections such as impetigo).

Treat clients with an infectious condition that could be transmitted by direct or indirect contact (flu, upper respiratory tract infections, gastroenteritis, MRSA, highly contagious skin infections such as impetigo).